

SANDY CITY PARKS AND RECREATION

ADOPT A TRAIL PROGRAM

What is the Adopt A Trail program?

The purpose of this program is to assist the Sandy City Parks Division with maintenance and litter control along the trails through out Sandy City. An organization or a group of individuals can adopt a section of trail for a certain period of time. Each group or volunteers will maintain between ½ mile to 1 mile of trail. Volunteers are recognized by a sign in their section of maintained trail.



How to get started. Volunteers can contact the Parks and Recreation Department to find out what trails are available and to receive the Adopt A Trail packet.

OBJECTIVES OF THE PROGRAM:

- To create a spirit between the volunteers, trail users, business and the Parks and Recreation Department.
- Allow continued enjoyment of the trails in Sandy, year after year for generations.
- Promote all aspects of safety in use of equipment and vehicles.
- Unite those concerned in responsible management practices through the maintenance of trails and public education.
- Promote land stewardship, physical fitness and instill a sense of pride and ownership for volunteers.

Guidelines:

- Remove rocks, gravel, tree limbs, or any other debris that may be on the surface of the trail.
- Install check dams or any other drainage structure.
- To keep all drains clean and clear of garbage and debris.
- Remove litter from trail and surrounding area.
- Install, maintain and replace trail markers.
- Monitor and inspect the trails year round.
- Trimming any tree limbs or shrubs that may be interfering with trail use.
- Install, maintain and replace signs and bulletin boards as needed.
- Install, maintain and replace benches or picnic tables as needed.
- Stay in contact with Sandy City Parks and Recreation representative.
- Maintenance once a month (minimum) from April to October, two additional days during the months of November through March.

By becoming a Sandy City Parks and Recreation Adopt A Trail Partner you can:

- Help beautify our trails and City.
- Meet new people.
- Enjoy the benefits of outdoor activity.
- Gain a sense of community and trail pride.
- Help preserve our natural resources.
- Help reduce crime and vandalism.
- Help Sandy City build a better tomorrow.



Training:

The Sandy City Parks division will offer a one day training for all volunteers. All volunteers will have to participate in this training before any work can be done on a trail. Sandy parks will cover the following:

- **SAFETY** concerns!!!
- Disposing of waste materials.
- How to prune trees and shrubs.
- Equipment operation.
- Trail maintenance procedures.

GET INVOLVED WITH YOUR COMMUNITY AND MAKE YOUR COMMUNITY A BETTER PLACE TO LIVE!!!!!!

For more information please contact the Sandy City Parks and Recreation Department at: 568-2900 or email at parksandrec@sandy.utah.gov

Sandy City Parks and Recreation

Adopt A Trail Program

The City of Sandy will work with the adopting group to determine the specific trail to be adopted. Typical tasks include litter pickup, debris removal, minor trail maintenance, etc.

(Name of Organization) _____
(Date of Application)

(Mailing Address) _____
(City, Zip Code)

President, Chairperson or Authorized Representative

(Name of Contact Person) _____
(Day Phone Number)

(Mailing Address) _____
(Evening Phone Number)

(City, Zip Code)

Approximate number of people participating in each clean up _____

Trail you are interested in adopting:

Authorized Signature of Group

SAFETY GUIDELINES

- Do not participate in any unsafe activities while working on the trails.
- Always be aware of your surroundings when swinging tools.
- When working on a trail along roadways, face oncoming traffic as you work .
- Do not compact full trash bags. Injuries from broken glass or other sharp objects may occur.
- Do not touch or attempt to remove materials which you suspect may be toxic or hazardous. Items to avoid include, but are not limited to the following: powders, chemicals, smelly substances, suspicious packages, chemical drums or containers, weapons, syringes or hypodermic needles, and dead animals. Notify the City, committee, or the police if any of the above-stated materials are found.
- Wear appropriate protective clothing (long pants, hat, gloves, safety glasses, etc.).
- Allow trail users to use the trail during maintenance.
- Do not consume alcoholic beverages or drugs before entering or while on the trail.
- Avoid overexertion. Drink plenty of water, especially on warm humid days.
- Be aware of the possibilities of snakes. Do not stick hands or feet in holes or cracks in rocks where snakes may be located. Also be alert for stinging insects, poison oak etc.
- Always remember to bring out what you brought in
- Always have a first aid kit on site.
- Report dangerous or unsafe conditions that exist throughout the trail.
- Do not operate equipment which training or certification has not been received.
- Do not drive any equipment on trails unless authorized by the City.
- Stay on trail or right of way.
- Wear a safety orange vest or bright clothing so trail users or passing traffic can see you.
- Motorized equipment may not be used along the trail unless approved by the City.
- Be Safe and Have Fun!!!!!!

Disposing of waste material:

- Place all trash, weeds, small benches, etc. into a plastic garbage bag.
- All large waste will need to be put in a pile safely to the side of the trail for parks maintenance to pick up.
- Place all garbage bags at the entrance of the trails for parks maintenance to pick up.

Pruning trees and shrubs:

- NO pruning will be allowed without proper training and approval from the Parks Division.
- You will need to follow the ISA Guidelines For Tree Pruning.
- Personal Protective Equipment.(P.P.E.)

Equipment Operation:

- You will need parks maintenance approval before any motorized equipment may be used on the trail.
- Do not drive any equipment on the trail without written permission from the Parks Division.

Trail maintenance procedures:

- Parks, Recreation and Trails Committee Approval
- Safety training.
- Review guidelines.

Reports:

- Number of hours worked
- Number of volunteers on project.
- Distance traveled
- Equipment used.
- Location of project
- Safety Issues.